

# Shining Bright Family Camp

## Volunteer Opportunities

2022



**Buddy** – (5 Positions) Every child at camp will be assigned a Buddy for the duration of the camp. This is a critical position and only people who can attend every session should apply. You will be trained prior to camp to implement TBRI techniques. Camp will be every Monday for eight weeks from 3:45ish to 7:30ishpm. After the children leave camp, there will be clean up and possibly a debriefing meeting until 8:30pm. This is a position for people who want hands on experience in using TBRI in an intense manner. The Buddy will work directly with the camper maintaining close proximity, attending to the camper's needs, reinforcing TBRI principles consistently with the camper, and assisting in training the camper's parents in these principles. It is exhausting, but amazing to have such an impact on a child. **ALL TRAINING REQUIRED.**

**Roving Buddy** – (2 Positions) - The Roving Buddies will not be assigned a child. They will roam and help if a Buddy is struggling, needs to step away to use a bathroom, etc. A Roving Buddy is also the second set of eyes if a child goes into an area that the other children are not in such as the Calming Room or bathroom. They may be needed to fill in as a Buddy if the primary Buddy is unavailable during camp. They will go through the same training as a Buddy. **ALL TRAINING REQUIRED.**

**Nurture Group & Life Skills Leader** – This person will lead our Nurture and Life Skills Group. You do not need to be available for all eight sessions. This position can be shared with another leader. The curriculum has been developed. You will be teaching about Emotional Regulation, Expressing Emotions with Words, Being Gentle and Kind, Being Respectful, Listening and Obeying, Asking Not Telling, Choices and Compromises, and Accepting No. Throughout the eight weeks, we will also address topics such as Hurts Inside and Out, Personal Space, Cooperation, Friendship, Respecting Differences, and Natural Consequences. The five Buddies and their children will participate in these classes. Towards the end of camp, the parents will join the children. For this position, our preference is to have people who have TBRI experience. **TRAINING TO BE DETERMINED BASED ON EXPERIENCE.**

**Art & Sensory Leader** – This person will lead the Art and Sensory Class. You do not need to be available for all eight sessions. This position can be shared with another leader. The projects will already be selected. You will be working with the Buddies and children to complete a project each week. Also, when the class is not in session, a child may choose to come to Art and Sensory, and along with the Buddy you will help guide them towards appropriate activities they might do that will help them calm and rejoin the group. For this position, our preference is to have people who have TBRI experience. **TRAINING TO BE DETERMINED BASED ON EXPERIENCE.**

**Crash & Bump Leader** – This person will lead Crash and Bump, which is a class that teaches children how to get high energy in a fun and playful manner, and then how to calm. You do not need to be available for all eight sessions. This position can be shared with another leader. Activities will include obstacle courses, team races, and parachute play. The Crash and Bump Leader will be taught the calming techniques, but it will be the Buddies responsibility to help the child calm. This leader's role is to direct high energy play with a signal to stop. For this position, our preference is to have people who have TBRI experience. **TRAINING TO BE DETERMINED BASED ON EXPERIENCE.**

**Parent Educator** – (1-2 Positions) – The Parent Educator will work with the Camp Director in providing appropriate training for the parents during the pre-camp training and the eight weeks of camp. The curriculum will be developed prior to camp starting. As the Parent Educator, you will provide support to the parents as they begin to make significant changes in how they run their family. We will be using TBRI, Dan Siegel, Nurtured Heart Approach, and Hand in Hand Resources to educate the parents. This will happen every week, but you do not have to teach every week. This position can be shared with another leader. For this position, our preference is to have people who have TBRI experience. **TRAINING TO BE DETERMINED BASED ON EXPERIENCE.**

**Camp Support/Set Up & Clean Up: (1-2 Positions)** – Every Monday for eight weeks when camp is in session, the different rooms will need to be set up starting around 2:00pm and then taken down after camp. Parents and children will be involved in the clean up as well. In the evening, while camp is in session, Camp Support people will assist with whatever needs to be taken care of. They will be our go to people for any miscellaneous needs. We will need support every week, but you do not have to be available every week. This is a good opportunity to see how the camp is run and learn more about TBRI. **TRAINING TO BE DETERMINED BASED ON EXPERIENCE.**

**Camp Photographer:** The Camp Photographer will take pictures of the different activities at camp for advertisement and to provide a few pictures for the child for their own memories. This position could be filled by a Camp Support person. **TRAINING TO BE DETERMINED BASED ON EXPERIENCE.**

**Food Coordinator:** (1-2 Positions) – A snack and a meal will be served every night during the eight weeks of camp. Our Food Coordinator will plan for, purchase, cook, and serve the snacks and meals. They will also clean up the kitchen after dinner is over. They will have contact with the children, and are encouraged to interact and provide support so they will also go through pre-camp training. **TRAINING TO BE DETERMINED BASED ON EXPERIENCE.**

**Planning Committee** – The Planning Committee will consist of four to five people who will meet one to two times a month as needed to plan camp. They will be responsible for all aspects of running the camp.