



Nurture Group Teaching Redos

What is TBRI®?

TBRI® is the work of Dr. Karyn Purvis, Dr. David Cross, and the Karyn Purvis Institute of Child Development at Texas Christian University. It is an attachment-based, trauma-informed intervention that is designed to meet the complex needs of vulnerable children. TBRI® uses Empowering Principles to address physical needs, Connecting Principles for attachment needs, and Correcting Principles to disarm fear-based behaviors. It has been applied successfully in a variety of contexts, and with many children for whom other interventions have failed. TBRI® is based on a solid foundation of neurodevelopmental theory and research, tempered by humanitarian principles. It is a caregiver-based intervention that is designed for children who have experienced relationship-based traumas such as institutionalization, abuse, multiple foster placements, maltreatment, and/or neglect.



Crash & Bump Body & Voice Modulation

Application Process

- Stop by the Modesto FCCA Office to pick up an application packet or
 - Call the Modesto FCCA Office to have a packet emailed/sent to you
- Once an application has been submitted
- Parent interviews will be held
 - A home visit to meet the family may occur

We will be selecting 4-6 families based on their ability to benefit from a camp experience and their compatibility with all families being selected. If your family is not selected we will meet with you to discuss other support options.



Nurture Group Teaching Try Again with Respect through Puppet Play



Based on
Trust Based
Relational Intervention® (TBRI®)

**Family Connections Christian
Adoptions**

1120 Tully Road
Modesto, CA 95350
(209) 524-8844

**Camp Directors:
Karen E Wood
Jenessa Bell**

**Social Workers/TBRI® Practitioners
(209) 768-9663**





Free Play Gymnastic Donut

What is the Shining Bright Family Camp?

We all have a light within that shines bright when we feel safe and trust we can make our way in the world. Children, who have experienced trauma, don't trust the world and their light dims. It may be hard for those who love them to find that light. The Shining Bright Family Camp will include six to eight sessions for parents and children. Camp is designed to help a child's light shine bright and be seen by their parents. Through play and connection with a one on one buddy your child will learn skills to help them successfully navigate the world. Parents will be taught skills to parent with the opportunity to practice.

Meals will be provided depending on the schedule

Kids Camp

Skill Building

Emotional Regulation
Calming Skills
Expressing Emotions - Reset/Redo
Gentle & Kind/Modulation
Accepting No
Choices & Compromises
Respect & Listen & Obey
Making it Right
Friendship, Fun & Experiencing Joy

Camp Components

Nurture Group – A safe place where life skills and values are taught and practiced.

Crash & Bump – Theme based obstacle courses where proprioceptive and vestibular activities to help the campers develop self-regulatory skills.

Art and Sensory – Projects based on sensory experiences and water and sand play.

Free Play - Playground type experience to practice social skills.



Crash & Bump/Lion Training Reinforcing Gentle & Kind and Who's the Boss?

Parent's Camp

Parents are an integral part of the Shining Bright Family Camp. Parents will attend pre-camp training, camp parent education and participate in camp with their child. If both parents cannot attend the entire time, please discuss with the camp directors. The parent's camp curriculum will include but not be limited to, TBRI[®], Nurtured Heart Approach[®], Whole Brain Child, and Hand in Hand Parenting. It will also allow for time to relax, practice mindfulness, and get support from others.



Free Play Rock Wall

For More Information, Visit Our Website:

<https://www.fcadoptions.org/shining-bright-family-camp/>